

What is claimed is:

1. A device for massaging the anatomy of a body part, said device comprising:  
  
a garment configured for wear by a user;  
  
a plurality horizontal compartments or channels located from the top to the bottom of the back of said garment in which various therapeutic massage tools may be placed; and  
  
interior pockets located in the front interior of said garment.
2. The device according to claim 1 wherein said therapeutic massage tools may be stored in the interior pockets located in the front of said garment.
3. The device according to claim 1 wherein said therapeutic massage tools may be various shapes, sizes and consistencies.
4. The device according to claim 1 wherein said therapeutic massage tools may be hollow balls with varying sizes and consistencies.
5. A massage therapy garment for use by a user to provide massage treatment to localized soreness and stiffness at an identified area of the user's body, the garment comprising:  
  
a garment body configured to be worn by the user and configured to cover the identified area;  
  
a plurality of adjacent and substantially horizontal chambers formed by layers of the garment body, each chamber configured to house at least one massage tool, the plurality of chambers covering a majority of the user's body in order to provide placement of the at least one massage tool at the identified area; and

a storage compartment attached to the garment body for storing the at least one massage tool when not in use.

6. The massage therapy device of claim 6 wherein the garment is a vest.
7. The massage therapy device of claim 6 wherein the garment is a jacket.
8. The massage therapy device of claim 6 wherein the massage tool is a compressible ball.
9. The massage therapy device of claim 9 wherein the compressible ball is a racquetball.
10. The massage therapy device of claim 9 wherein the compressible ball is a tennis ball.
11. The massage therapy device of claim 6 wherein the channels are formed from a first garment layer and a second garment layer which are joined to one-another with a plurality of parallel seams.
12. The massage therapy device of claim 6 wherein the massage tool is a solid ball.
13. The massage therapy device of claim 6 wherein the identified location is in the user's back.
14. The massage therapy device of claim 6 wherein the identified location is in the user's lower neck.